

**MAR BASELIOS CHRISTIAN COLLEGE OF ENGINEERING  
AND TECHNOLOGY, PEERMADE**

**DEPARTMENT OF ELECTRICAL AND ELECTRONICS  
ENGINEERING**

**REPORT ON  
MOTIVATIONAL TALK SHOW**

# REPORT ON EXPERT TALK SHOW

VENUE : OPEN AUDITORIUM

DATE : 01/03/2025

TIME - 2:45

ORGANIZED BY : ELECTRICAL AND ELECTRONICS  
DEPARTMENT

SPEAKER : Mr JOSEPH ANNAMKUTTY JOSE

## INTRODUCTION

As part of our ongoing initiative to inspire and empower students, a special talk show was organized featuring the renowned motivational speaker, bestselling author, and radio jockey Joseph Annamkutty Jose. Widely recognized for his powerful storytelling, engaging presence, and ability to connect with youth, Joseph has become a household name through his popular show "*Stories with Joseph*" on Radio Mirchi and his bestselling books like "*Buried Thoughts*" and "*An Amateur's Guide to Happiness*." With over 150 successful talk shows across India, his sessions focus on self-reflection, emotional well-being, personal growth, and navigating the challenges of modern life. The event was a platform for students to gain insight, motivation, and a renewed sense of direction through his unique blend of humor, real-life stories, and heartfelt messages.

## OBJECTIVE OF THE REPORT

The primary objective of this report is to document and reflect upon the inspirational talk show conducted by Mr. Joseph Annamkutty Jose,

with a focus on capturing the essence of his message and the impact it had on the audience. The session aimed to motivate students to embrace self-awareness, overcome emotional challenges, and cultivate a positive mindset. By highlighting real-life experiences and offering practical life lessons, the event sought to encourage personal growth, enhance emotional intelligence, and inspire individuals to lead a more meaningful and purpose-driven life.

## **HIGHLIGHTS OF PROGRAM**

EEE DEPARTMENT motivational talk program at the open auditorium of our college, featuring the renowned speaker and influencer Mr. Joseph Annamkutty as the chief guest. Held on a vibrant evening, the session witnessed enthusiastic participation from both students and staff members. Mr. Annamkutty's compelling words and life experiences resonated deeply with the audience, sparking motivation, self-reflection, and positivity. The event served as a powerful reminder of the importance of mindset and personal growth, making it a memorable and uplifting experience for all.

## **SUMMARY OF THE SESSION**

The talk show featuring Joseph Annamkutty Jose was an engaging and thought-provoking session that left a lasting impression on the audience. Known for his relatable storytelling and deep insights, Joseph spoke about the importance of emotional resilience, self-acceptance, and mental well-being, especially in the lives of young individuals. Drawing from personal experiences, student interactions, and real-life challenges, he encouraged attendees to embrace their vulnerabilities rather than hide them.

He emphasized the need to communicate openly, break societal taboos around mental health, and learn from failures without self-judgment.

## **P010 – Communication**

Joseph often speaks about the power of storytelling, expression, and interpersonal communication—all of which are vital for effective engineering practice.

**P012 – Life-long Learning** If the session motivates students to embrace continuous learning, adaptability, self-improvement, or learning from failure.

## **CONCLUSION**

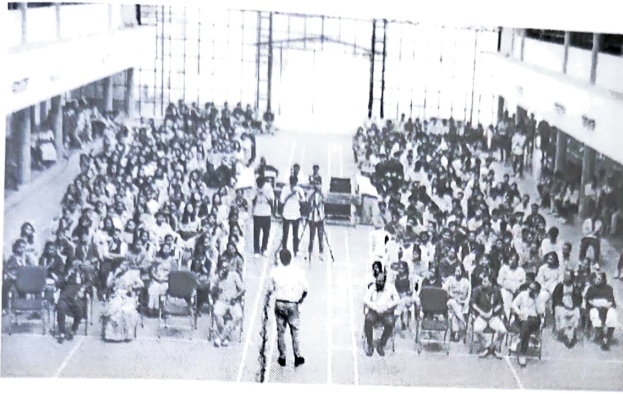
The talk show by **Joseph Annamkutti Jose** was a truly enlightening and inspiring experience for all attendees, especially for budding engineers preparing to face real-world challenges. His ability to connect emotionally with the audience and convey powerful life lessons through storytelling made the session deeply impactful. The program not only encouraged students to reflect on their own journey but also emphasized the importance of communication, ethics, emotional well-being, teamwork, and continuous self-improvement—qualities that are just as vital as technical knowledge in the field of engineering.

By aligning with several Program Outcomes such as ethics, communication, lifelong learning, and societal responsibility, the session contributed meaningfully to the holistic development of the students. It reminded everyone that behind every successful engineer is a resilient individual with a strong sense of purpose, empathy, and self-awareness.

Overall, the session was a great success and served as a valuable step in nurturing responsible, self-aware, and motivated future engineers.



# GLIMPSES





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NSS UNIT NO : 180  
APIAKTU NSS CELL  
MBCET, PEERMADA

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# TALK SHOW

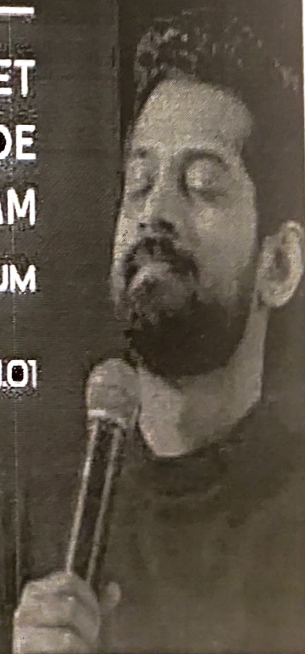
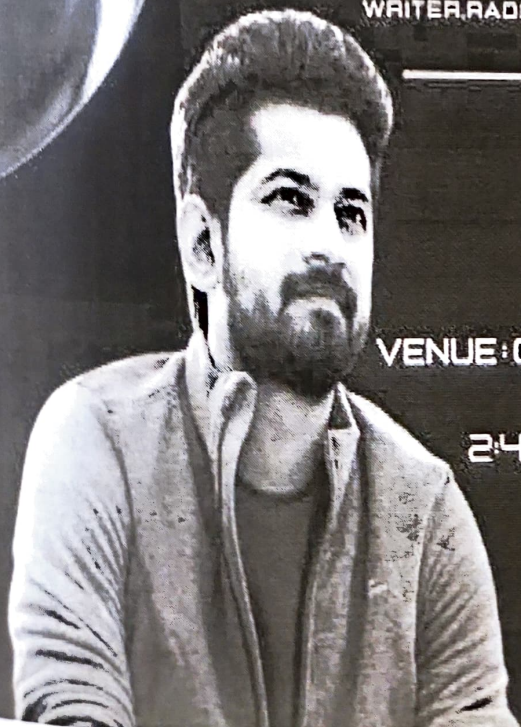
JOSEPH  
ANNAMHUTTY JOSE

WRITER, RADIO PERSONALITY, ACTOR

MBCET  
PEERMADA  
KUTTIKANAM

VENUE : OPEN AUDITORIUM

2:45 PM MARCH 01





With moments of humor, heartfelt storytelling, and interactive questions, the session maintained a positive and energetic atmosphere throughout. Students resonated deeply with his messages, and many found his words both healing and motivating.

The session concluded with a powerful reminder: "Your story matters, and it's okay to not have everything figured out." Overall, it was a deeply inspiring experience that promoted introspection, positivity, and emotional growth among the participants.

### **RELEVANT PROGRAM OUTCOMES (POS):**

A general motivational or inspirational talk by Joseph Annamkutty Jose for electrical engineering students — especially if focused on mindset, communication, personal development, or teamwork — can be justified under the following Program Outcomes (POs)

### **RELEVANT POS:**

#### **PO6 – The Engineer and Society**

The talk may touch on the role of engineers in society, the ethical responsibility to serve and contribute meaningfully, and the importance of empathy and awareness.

#### **PO8 – Ethics**

If the talk emphasizes values, honesty, integrity, and ethical decision-making in professional or personal life.

#### **PO9 – Individual and Team Work**

Any discussion on collaboration, leadership, dealing with peer pressure, or team-based challenges aligns with this PO.