

NATIONAL SERVICE SCHEME



ACTIVITY DETAILS 2024-25

PART B

Unit Number:180



MAR BASELIOS CHRISTIAN COLLEGE OF
ENGINEERING AND TECHNOLOGY
PEERMADE
KUTTIKKANAM

AFFILIATED TO NATIONAL SERVICE SCHEME CELL OF
APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY

REGULAR ACTIVITIES OF THE YEAR 2024-25

SINo	Name of Activity	Category	Sub-Category	Hours	Date
1	IoT Workshop	Campus Activity	Awareness	3	11-05-2024
2	Anti-Tobacco Day	Campus Activity	Awareness	3	31-05-2024
3	Kabaddi Coaching	Campus Activity		3	16-06-2024
4	Yoga Day	Campus Activity	Awareness	3	21-06-2024
5	Youth Skills Day	Campus Activity	Awareness	2	15-07-2024
6	Chess Competition	Campus Activity		2	20-07-2024
7	Kabaddi Tournament	Campus Activity		3	11-08-2024
8	Independence Day	Campus Activity		3	15-08-2024
9	Swapna Kood House Visit	Community	Home for homeless	4	18-08-2024
10	Fund Collection – Chooral mala	Community		5	04-09-2024
11	Fund Collection – Chooral mala	Community		5	05-09-2024
12	Teacher's Day	Campus Activity	Awareness	2	05-09-2024
13	Film Fest	Campus Activity		4	07-09-2024
14	Book Fest	Campus Activity		4	20-09-2024
15	Swachhata Hi Seva	Community	NRPF	6	24-09-2024
16	Gandhi Jayanthi	Campus Activity	NRPF	3	02-10-2024
17	Personality Development Program	Campus Activity		4	25-10-2024
18	Freshers Day	Campus Activity		3	31-10-2024
19	Diwali Celebrations	Campus Activity		1	31-10-2024
20	AIDS Day	Campus Activity	Awareness	3	06-12-2024
21	Natural Energy Conservation Day	Community	Awareness	6	14-12-2024
22	Christmas Celebration	Campus Activity		2	21-12-2024
23	KTU Care Regional Meet	Community		6	02-01-2025
24	His Holiness Baselios Marthoma Mathews II Memorial Lecture Series	Community		6	06-01-2025
25	Elocution Competition	Campus Activity		2	07-01-2025
26	Angel's Village Visit	Community		5	17-01-2025
27	Republic Day	Campus Activity		3	27-01-2025
28	Pre Camp Meeting	Campus Activity		4	02-02-2025
29	Blood Donation	Community	Rudhirasena	3	04-02-2025
30	Blood donation Orientation	Community	Rudhirasena	2	04-02-2025
31	Cloth Bank	Community		6	06-02-2025
32	Swapna Kood Thakoldhanam	Community	Home for homeless	4	07-02-2025
33	Cloth Bank Restock	Community		2	15-02-2025
34	S'Energy	Community		5	21-02-2025
35	S'Energy	Community		6	22-02-2025
36	Motivational Talk	Campus Activity		3	01-03-2025
37	Motivation Talk Aarcha G	Campus Activity		2	04-03-2025
38	International Women's Day	Community	Awareness	3	08-03-2025
39	Technical Talk	Campus Activity		3	14-03-2025
40	Sign Board Cleaning	Community	NRPF/road safety	4	14-03-2025
41	Farewell to senior volunteers	Campus Activity		2	21-03-2025
42	Peermade Cleaning Drive	Community	NRPF	4	28-03-2025
43	Drug abuse Awareness	Community		3	29-03-2025

REPORTS OF REGULAR ACTIVITIES

REPORT OF CAMPUS ACTIVITY

Date	11-05-2024	Duration	3 hrs
Program	1) Computer IoT Workshop		
Highlights of program	NSS Unit 180 organized a Computer IoT Workshop aimed at introducing students to the basics of computing and the Internet of Things (IoT) . The workshop provided hands-on exposure to fundamental concepts, tools, and real-world applications, helping students understand how IoT is shaping the future of technology. It served as a valuable learning experience, especially for beginners, and sparked curiosity among participants to explore further in the field of tech and innovation		



REPORT OF CAMPUS ACTIVITY

Date	31-05-2024	Duration	3 hrs
Program	2) Anti-Tobacco Day		
Highlights of program	<p>As part of World Anti-Tobacco Day, the NSS unit 180 organized an awareness program to highlight the dangers of tobacco use and promote a healthier lifestyle. The event featured informative sessions, discussions, and interactive activities aimed at educating students and faculty about the harmful effects of tobacco consumption. Peermade excise officers were invited as special guests, sharing valuable insights on the importance of physical fitness and tobacco-free living. The initiative successfully engaged participants, reinforcing the message of health and well-being while encouraging positive lifestyle choices.</p>		



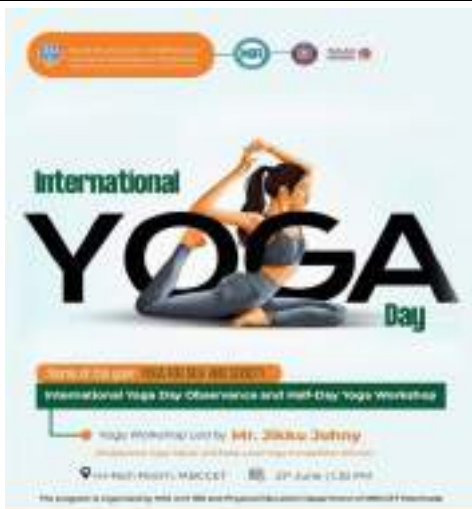
REPORT OF CAMPUS ACTIVITY

Date	16-06-2024	Duration	3 hrs
Program	3) Kabaddi Coaching		
Highlights of program	<p>On June 16, 2024, the NSS Unit 180 of our college launched a Kabaddi coaching program for students, aimed at fostering teamwork, discipline, and physical fitness. Spearheading this initiative was Mr. Manikandan, a professor at our college, who played a pivotal role in organizing and leading the training sessions. The program seeks to build a strong Kabaddi team while also enhancing students' agility, strategy, and sportsmanship. By encouraging active participation in sports, this effort contributes to overall well-being and personal development among students.</p>		



REPORTS OF CAMPUS ACTIVITY

Date	21-06-2024	Duration	3 hr
Program	4) Yoga Day		
Highlights of program	<p>On June 21, 2024, in celebration of International Yoga Day, NSS Unit 180 organized a yoga session for students at MBCCET, Peermade. Led by Mr. Jikku Johny, a professional yoga trainer and state-level yoga competitor, the session emphasized the theme "Yoga for Self and Society." Students actively participated in various postures, breathing exercises, and meditation techniques, learning about yoga's benefits for mental and physical well-being. The event, conducted in collaboration with the Physical Education Department, successfully promoted holistic health and encouraged students to incorporate yoga into their daily lives.</p>		



REPORTS OF CAMPUS ACTIVITIES

Date	15-07-2024	Duration	2 hrs
Program	5) Youth Skills Day		
Highlights of program	<p>NSS Unit 180 organized a Youth Skill Day at MBCCET, Peermade, to showcase the talents and abilities of students. The event featured exciting competitions such as arm wrestling, Rubik's cube solving, and push-up challenges, fostering a spirit of enthusiasm and healthy competition among participants. Students demonstrated their skills, strength, and problem-solving abilities, making the event a dynamic and engaging platform for personal growth. The initiative successfully encouraged youth to embrace their talents while promoting teamwork, determination, and perseverance.</p>		



REPORT OF CAMPUS ACTIVITY

Date	20-07-2024	Duration	2 hrs
Program	6) Chess Competition		
Highlights of program	NSS Unit 180 organized a Chess Competition at MBCCET, Peermade, providing students with an opportunity to showcase their strategic thinking and problem-solving skills. The event witnessed enthusiastic participation, with players demonstrating impressive tactics and focus. After intense rounds of matches, the champions were rewarded with cash prizes in recognition of their outstanding performance. The competition successfully fostered a spirit of sportsmanship and intellectual growth, encouraging students to refine their skills and embrace the challenges of the game.		



REPORT OF CAMPUS ACTIVITY

Date	11-08-2024	Duration	3 hrs
Program	7) Kabaddi Tournament		
Highlights of program	NSS Unit 180 organized a thrilling Kabaddi tournament at MBCCET, Peermade, bringing together various student teams to compete in the high-energy event. The tournament showcased exceptional teamwork, agility, and strategic play, with participants demonstrating remarkable skill and sportsmanship. The matches were intense and engaging, drawing enthusiastic support from the audience. This initiative not only fostered a competitive spirit but also encouraged students to embrace fitness and teamwork, making the event a resounding success.		



REPORT OF CAMPUS ACTIVITY

Date	15-08-2024	Duration	3 hrs
Program	8) Independence Day		
Highlights of program	<p>NSS Unit 180 organized an Independence Day flag hoisting ceremony at MBCCET, Peermade, bringing together students, faculty, and staff to celebrate the nation's freedom. The ceremony began with the flag hoisting and the national anthem, followed by inspiring speeches on the significance of independence and unity.</p> <p>This event fostered a sense of patriotism and community spirit, reminding everyone of the sacrifices made by our freedom fighters and the importance of contributing to a brighter future.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	18-08-2024	Duration	4 hrs
Program	9) Swapna Kood House Visit		
Highlights of program	NSS Unit 180 launched the ambitious "Swapna Kood" project last year, aiming to build a home for a homeless family and provide them with a secure living space. As part of this initiative, NSS volunteers visited the construction site to assess progress and engage with the family, ensuring their needs and expectations were met. Through hands-on involvement and meaningful interactions, the volunteers reinforced the spirit of community service, making a significant impact on the family's journey toward a better future.		



REPORT OF COMMUNITY ACTIVITY

Date	04-09-2024	Duration	5 hrs
Program	10) Fund Collection		
Highlights of program	<p>NSS Unit 180 organized a heartfelt fund collection drive to support the flood victims in Wayanad. Volunteers went door-to-door in the local community, kindly asking for any contribution to aid in the relief efforts. Whether big or small, every donation made a difference, and the response from the community was overwhelming. The drive successfully gathered funds, showcasing the generosity and unity of the people in times of crisis. This initiative truly reflected the spirit of NSS—coming together to help those in need and making a tangible impact on the lives of those affected by the floods.</p>		



Date	05-09-2024	Duration	5 hrs
Program	11) Fund Collection		
Highlights of program	<p>NSS Unit 180 at organized a heartfelt fund collection drive to support the flood victims in Wayanad. Volunteers went door-to-door in the local community, kindly asking for any contribution to aid in the relief efforts. Whether big or small, every donation made a difference, and the response from the community was overwhelming. The drive successfully gathered funds, showcasing the generosity and unity of the people in times of crisis. This initiative truly reflected the spirit of NSS—coming together to help those in need and making a tangible impact on the lives of those affected by the floods.</p>		



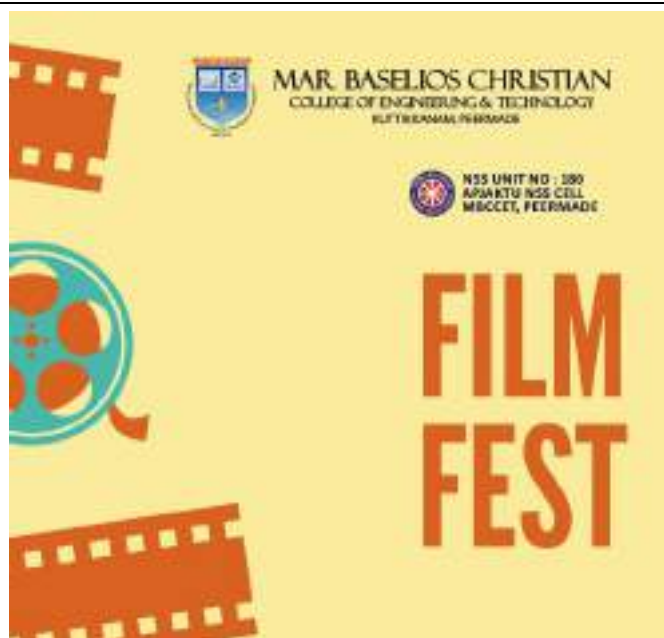
REPORT OF CAMPUS ACTIVITY

Date	05-09-2024	Duration	2 hrs
Program	12) Teacher's Day		
Highlights of program	NSS Unit 180 celebrated Teachers' Day with heartfelt gratitude, honoring the dedication and hard work of our educators. As a token of appreciation, we presented small gifts to our teachers, symbolizing respect and gratitude for their invaluable guidance. The event fostered a warm and joyous atmosphere, strengthening the bond between students and faculty. Through this celebration, NSS volunteers emphasized the importance of recognizing and appreciating the contributions of teachers in shaping future generations.		



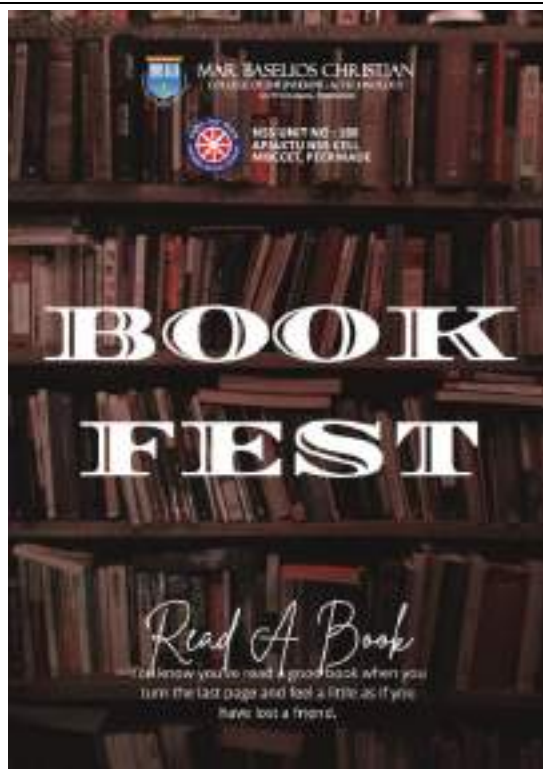
REPORT OF CAMPUS ACTIVITY

Date	07-09-2024	Duration	4 hrs
Program	13) Film Fest		
Highlights of program	NSS Unit 180 organized a movie screening at MBCCET, creating a true theater experience for students to enjoy together. The event featured a captivating film, bringing students together in a lively and immersive atmosphere. With the screen, great sound, and enthusiastic audience, the night was filled with excitement and shared moments of cinematic enjoyment, making it a memorable experience for all.		



REPORT OF CAMPUS ACTIVITY

Date	20-09-2024	Duration	4 hrs
Program	14) Book Fest		
Highlights of program	<p>NSS Unit 180 organized a vibrant Book Fest at MBCCET, featuring a diverse collection of books in both English and Malayalam. The event provided students with an opportunity to explore literature across various genres, fostering a love for reading and intellectual curiosity. With an engaging atmosphere and a wide selection of books, the fest encouraged meaningful discussions and enriched the campus's literary culture, making it a valuable and enjoyable experience for all attendees.</p>		



Date	24-09-2024	Duration	6 hrs
------	------------	----------	-------

Program	15) Swachhata Hi Seva
Highlights of program	<p>As part of NSS Day celebrations, NSS Unit 180 organized a large-scale cleaning program in Peermade town, focusing on removing plastic waste and promoting environmental sustainability. With a significant number of volunteers actively participating, the initiative contributed to a cleaner and healthier community. Additionally, volunteers visited the Peermade town police station to raise awareness about the importance of civic responsibility and environmental protection. The event highlighted the collective effort towards maintaining a cleaner surrounding, reinforcing the NSS mission of service and social impact.</p>



REPORT OF CAMPUS ACTIVITY





Date	02-10-2024	Duration	3 hrs
Program	16) Gandhi Jayanthi		
Highlights of program	On October 2, 2024, in honor of Gandhi Jayanti, NSS Unit 180 conducted a campus cleaning drive, focusing on removing plastic waste and promoting environmental responsibility. Volunteers actively participated in clearing the college compound, reinforcing Mahatma Gandhi's vision of cleanliness and sustainability. The initiative not only improved the surroundings but also instilled a sense of civic duty and eco-consciousness among students, making the celebration meaningful and impactful.		



**R
E
P
O
R
T
O
F
C
A
M
P
U
S
A
C
T
I
V
I
T
Y**

Date	25-10-2024	Duration	4 hrs
Program	17) Personality Development Program		

Highlights of program	NSS Unit 180 conducted an inspiring Personality Development Program led by Mr. N.V. Paul , aimed at empowering students with essential life skills and self-confidence. The session covered key areas such as communication, leadership, goal setting, and self-awareness. Students participated actively throughout the program, engaging in interactive discussions and activities. The session proved to be both motivational and enriching, leaving a lasting impact on all attendees.
-----------------------	--

			
			
Date	31-10-2024	Duration	3 hrs
Program	18) Freshers Day		

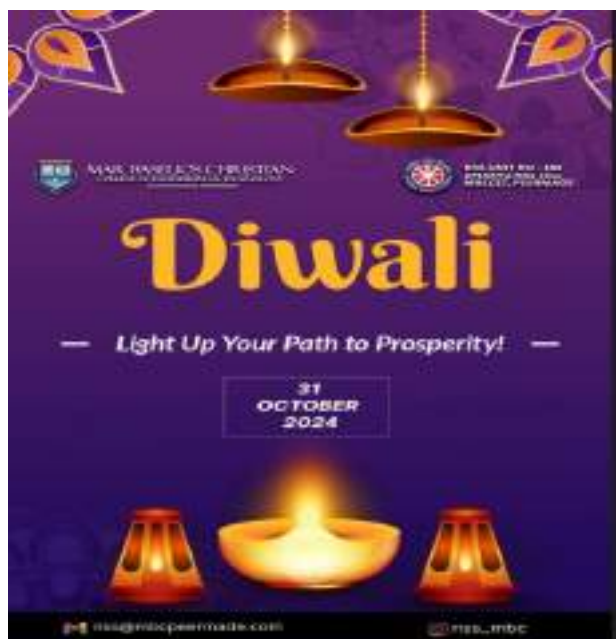
Highlights of program	NSS Unit 180 organized a vibrant Freshers' Day event to warmly welcome new students to MBCCET. The stage program featured engaging games, performances, and interactive sessions designed to encourage and inspire the freshers. With enthusiastic participation, the event created a lively and inclusive atmosphere, helping students feel comfortable and connected to the college community. The celebration successfully fostered friendships, boosted confidence, and set the tone for an exciting academic journey ahead.
-----------------------	--



REPORT OF CAMPUS ACTIVITY

Date	31-10-2024	Duration	1 hrs
Program	19) Diwali Celebrations		

Highlights of program	NSS Unit 180 celebrated Diwali with a vibrant night show, bringing students together for an evening of joy and festivity. The event featured captivating performances, creating a lively atmosphere filled with enthusiasm and cultural spirit. As the night unfolded, students lit up the sky with firecrackers, sky shots, and lanterns, symbolizing the festival's essence of light and positivity. The celebration fostered togetherness and excitement, making it a memorable Diwali night for everyone involved.
-----------------------	--



REPORT OF CAMPUS ACTIVITY

Date	06-12-2024	Duration	3 hrs
Program	20) AIDS Day		
Highlights of program	<p>On World AIDS Day, NSS Unit 180 conducted an awareness session for first-year students in collaboration with the Kerala AIDS Awareness Cell. The session aimed to educate students about HIV/AIDS, covering topics such as transmission, prevention, and the importance of early diagnosis and treatment. Experts from the awareness cell provided valuable insights, emphasizing empathy, support, and the need to eliminate stigma surrounding the disease. The interactive session fostered meaningful discussions, encouraging students to take informed actions and contribute to a more aware and responsible society.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	14-12-2024	Duration	6 hrs
Program	21) Natural Energy Conservation Day		
Highlights of program	In observance of National Energy Conservation Day , NSS Unit 180 organized an informative talk aimed at raising awareness about the importance of energy efficiency and sustainable practices. The session covered key topics such as renewable energy sources, energy-saving habits, and the role of individuals in reducing energy consumption. The speaker encouraged students to adopt eco-friendly lifestyles and highlighted the significance of conserving energy for a sustainable future. The talk inspired participants to become responsible energy citizens and contribute to environmental preservation.		



REPORT OF CAMPUS ACTIVITY

Date	21-12-2024	Duration	2 hrs
------	------------	----------	-------

Program	22) Christmas Celebration
Highlights of program	The NSS Unit 180 organized a delightful Christmas celebration filled with joy and festive spirit. The event featured vibrant dance performances and melodious songs that added to the holiday cheer. Participants engaged in small fun games, creating a lively and interactive atmosphere that brought smiles to everyone. The celebration fostered camaraderie and enthusiasm, reflecting the unit's commitment to community engagement and togetherness during the festive season.



REPORT OF COMMUNITY ACTIVITY

Date	02-01-2025	Duration	6 hrs
Program	23) KTU Care Regional Meet		
Highlights of program	<p>The KTU CARE Leaders of NSS Unit 180 proudly participated in the Regional Meet of KTU CARE, an event designed to bring together student leaders from across the region to discuss, collaborate, and strengthen community engagement initiatives under APJ Abdul Kalam Technological University. The meet provided a platform for sharing experiences, exploring innovative ideas, and reinforcing the values of social responsibility and leadership. The participation of NSS Unit 180 leaders highlighted their dedication to community welfare and their active role in shaping socially conscious future professionals.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	06-01-2025	Duration	6 hrs
Program	24) His Holiness Baselios Marthoma Mathews II Memorial Lecture Series		
Highlights of program	NSS Unit 180 organized a memorial lecture series about His Holiness Baselios Marthoma Mathews II to honor the life and legacy of the revered spiritual leader. The event featured insightful talks that reflected on his values of compassion, service, and leadership. It served as a platform to inspire students and volunteers to uphold these principles in their personal and social lives, reinforcing the NSS mission of selfless service and community engagement.		



REPORT OF CAMPUS ACTIVITY

Date	07-01-2025	Duration	2 hrs
Program	25) Elocution Competition		
Highlights of program	<p>NSS Unit 180 organized an elocution competition, focusing on important topics such as democracy, electoral participation of youth, and the significance of voting. Several students actively participated, delivering insightful speeches that highlighted the role of young voters in shaping a democratic society. The competition encouraged thought-provoking discussions, fostering awareness about civic responsibilities and the impact of informed voting decisions. Through this initiative, students gained a deeper understanding of democratic principles, empowering them to contribute meaningfully to the electoral process.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	17-01-2025	Duration	5 hrs
Program	26) Angel's Village Visit		
Highlights of program	<p>NSS Unit 180 organized a heartfelt visit to Angels Village, a special school dedicated to nurturing the talents of children with special needs. The visit provided an enriching opportunity for volunteers to interact with the students, engage in activities, and witness their unique skills and creativity. Through games, performances, and meaningful conversations, the volunteers gained a deeper understanding of inclusivity and compassion. The experience left a lasting impact, reminding everyone of the importance of empathy, acceptance, and celebrating every individual's potential.</p>		



REPORT OF CAMPUS ACTIVITY

Date	27-01-2025	Duration	3 hrs
Program	27) Republic day		
Highlights of program	<p>As part of the Republic Day celebrations, NSS Unit 180 organized an engaging quiz competition that saw enthusiastic participation from several students across the college. The event tested their knowledge on various topics, fostering a spirit of learning and healthy competition. After an intense and exciting contest, the winner was awarded a prize in recognition of their outstanding performance. The program successfully highlighted the importance of education and patriotism, making the celebration even more memorable.</p>		



REPORT OF CAMPUS ACTIVITY

Date	02-02-2025	Duration	4 hrs
Program	28) Pre Camp Meeting		
Highlights of program	<p>NSS Unit 180 organized a pre-camp meeting at MBCCET, Peermade, to prepare volunteers for the upcoming NSS Special Camp. The Program Officer, along with former Volunteer Secretaries, offered valuable advice. The Program Officer emphasized teamwork, discipline, and responsibility, while the Volunteer Secretaries shared insights on leadership, community spirit, and personal growth. The meeting provided volunteers with the opportunity to clarify doubts and feel better prepared.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	04-02-2025	Duration	3 hrs
Program	29) Blood Donation		
Highlights of program	<p>The NSS Unit 180, in collaboration with Kottayam Medical College, organized a blood donation camp at our college, encouraging students and staff to contribute to a noble cause. A total of 100 units of blood were donated, reflecting the spirit of generosity and social responsibility within the campus community. The camp aimed to raise awareness about the importance of blood donation and its lifesaving impact. The initiative was met with enthusiastic participation, making it a successful and meaningful event.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	04-02-2025	Duration	2 hrs
Program	30) Orientation		
Highlights of program	<p>The NSS Unit 180, in collaboration with Kottayam Medical College, organized an orientation session for students ahead of the blood donation camp. Led by experienced medical staff from the hospital, the session provided valuable insights into the significance of blood donation, its health benefits, and the impact it has on saving lives. Interested students participated actively, gaining a deeper understanding of the donation process, safety measures, and eligibility criteria. The informative session helped dispel myths and encouraged responsible participation, fostering awareness and a strong sense of social commitment among the attendees.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	04-02-2025	Duration	6 hrs
Program	31) Cloth Bank		
Highlights of program	<p>The NSS Unit 180 has successfully established a cloth bank near Kuttikkanam town, aimed at supporting those in need by providing free access to used clothing. The initiative, designed as a public cupboard stocked with neatly arranged clothes, allows anyone to take what they require with dignity and ease. This thoughtful endeavor was inaugurated by the college director, marking a significant step towards community care and environmental consciousness through reuse. The cloth bank reflects the unit's commitment to compassion, accessibility, and social responsibility.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	07-02-2025	Duration	4 hrs
Program	32) Swapna Kood Thakoldhanam		
Highlights of program	<p>The NSS Unit 180 proudly completed its ambitious Swapna Kood—a home construction initiative aimed at supporting a deserving family. Fully funded by the unit, the project reached its heartfelt conclusion on 7th February 2025, marked by a joyous housewarming ceremony and the formal key handover. The college director handed over the key to the family in the presence of NSS volunteers and program officers, celebrating a collective dream turned reality. This meaningful endeavor reflects the unit's unwavering commitment to service, compassion, and impactful community development.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	15-02-2025	Duration	2 hrs
Program	33) Cloth Bank Restock		
Highlights of program	Following the successful establishment of the cloth bank near Kuttikkanam town, NSS Unit 180 initiated preparations for its ongoing maintenance and restocking. Volunteers actively collected used clothes from students, carefully sorted and packed them for organized replenishment. Embracing this as a continuous community initiative, the unit committed to regularly monitoring the cloth bank, ensuring it remains accessible and well-stocked for those in need. This sustainable approach reflects the unit's dedication to long-term social impact and responsible service.		



REPORT OF COMMUNITY ACTIVITY

Date	22-02-2025	Duration	5 hrs
Program	34) S'Energy		
Highlights of program	The NSS volunteers of Unit 180 actively participated as volunteers in the International Conference S'Energy , Day 1, a prestigious event focused on sustainable energy and environmental innovation. Held with the aim of bringing together experts, researchers, and students from around the globe, the conference provided a platform for meaningful dialogue and knowledge exchange. The volunteers played a crucial role in the smooth conduct of the event by assisting with coordination, hospitality, and technical support, reflecting their commitment to service, learning, and global sustainability goals.		



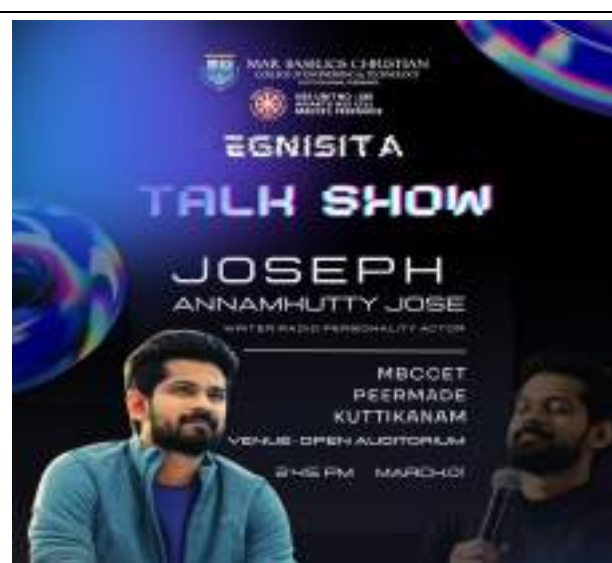
REPORT OF COMMUNITY ACTIVITY

Date	22-02-2025	Duration	6 hrs
Program	35) S'Energy		
Highlights of program	<p>The NSS volunteers of Unit 180 actively participated as volunteers in the International Conference S'Energy, Day 2 ,a prestigious event focused on sustainable energy and environmental innovation. Held with the aim of bringing together experts, researchers, and students from around the globe, the conference provided a platform for meaningful dialogue and knowledge exchange. The volunteers played a crucial role in the smooth conduct of the event by assisting with coordination, hospitality, and technical support, reflecting their commitment to service, learning, and global sustainability goals.</p>		



Date	01-03-2025	Duration	3 hrs
------	------------	----------	-------

Program	36) Motivational Talk
Highlights of program	NSS Unit 180 organized an inspiring motivational talk program at the open auditorium of our college, featuring the renowned speaker and influencer Mr. Joseph Annamkutty as the chief guest. Held on a vibrant evening, the session witnessed enthusiastic participation from both students and staff members. Mr. Annamkutty's compelling words and life experiences resonated deeply with the audience, sparking motivation, self-reflection, and positivity. The event served as a powerful reminder of the importance of mindset and personal growth, making it a memorable and uplifting experience for all.



REPORT OF CAMPUS ACTIVITY

Date	04-03-2025	Duration	2 hrs
Program	37) Next-Gen Engineering: A Deep Dive with Aarcha G		
Highlights of program	NSS Unit 180 organized an insightful technical talk featuring Ms. Aarcha G , a skilled engineer, aimed at inspiring and educating students on current trends in engineering and technology. The session provided valuable knowledge on practical applications, career opportunities, and the evolving role of engineers in society. Ms. Aarcha G's engaging presentation encouraged active interaction and motivated attendees to pursue innovation and continuous learning in their respective fields.		



REPORT OF COMMUNITY ACTIVITY

Date	08-03-2025	Duration	3 hours
Program	38) International Women's Day		
Highlights of program	<p>On March 8, 2025, the NSS Unit 180 organized a dedicated cleaning drive at Peermade with the aim of promoting environmental awareness and community participation. Volunteers actively engaged in cleaning public spaces, collecting waste, and spreading the message of cleanliness and sustainability among the local residents. The event highlighted the importance of civic responsibility and contributed to maintaining the natural beauty of Peermade.</p>		



REPORT OF CAMPUS ACTIVITY

Date	14-03-2025	Duration	3 hrs
Program	39) Technical Talk		
Highlights of program	NSS Unit 180 organized CYNEX , a technical talk aimed at expanding students' knowledge on emerging trends in technology and innovation. The session featured expert insights into cutting-edge topics, encouraging participants to think critically and stay updated with the fast-evolving tech landscape. <i>CYNEX</i> served as a platform for learning, interaction, and inspiration, aligning with the NSS objective of holistic development through knowledge sharing and community engagement.		



REPORT OF COMMUNITY ACTIVITY

Date	14-03-2025	Duration	4 hrs
Program	40) Sign Board Cleaning		
Highlights of program	NSS Unit 180 undertook a thoughtful cleanliness drive by cleaning roadside signboards along the route to Kuttikkanam town. Volunteers enthusiastically participated in scrubbing and restoring the visibility of the signs, which had become faded and dust-covered over time. The initiative aimed to enhance road safety and aesthetics, while also spreading awareness about civic responsibility and environmental care. This hands-on effort reflects the unit's commitment to community service and attention to everyday improvements that benefit the public		



REPORT OF CAMPUS ACTIVITY

Date	21-03-2025	Duration	2 hrs
Program	41) Farewell		
Highlights of program	NSS Unit 180 organized a heartfelt farewell party to honor the outgoing volunteer leaders who played a pivotal role in the unit's journey. The event was a warm and memorable gathering where their dedication and contributions were celebrated with gratitude and admiration. As a token of appreciation, mementos were presented to the former leaders, symbolizing the unit's deep respect for their service and leadership. The farewell not only marked the end of a chapter but also inspired the current volunteers to carry forward the same spirit of commitment and teamwork.		



REPORT OF COMMUNITY ACTIVITY

Date	28-03-2025	Duration	4 hrs
Program	42) Peermade Cleaning Drive		
Highlights of program	<p>On March 28, 2025, the NSS Unit 180 organized a dedicated cleaning drive at Peermade with the aim of promoting environmental awareness and community participation. Volunteers actively engaged in cleaning public spaces, collecting waste, and spreading the message of cleanliness and sustainability among the local residents. The event highlighted the importance of civic responsibility and contributed to maintaining the natural beauty of Peermade.</p>		



REPORT OF COMMUNITY ACTIVITY

Date	29-03-2025	Duration	3 hrs
Program	43) Awareness Program		
Highlights of program	<p>NSS Unit 180 organized an awareness talk on drug abuse, led by an officer from the Excise Department, with the objective of educating students about the dangers and consequences of drug use. The session highlighted the physical, mental, and social impacts of substance abuse, and emphasized the importance of staying informed and making responsible choices. The officer also shared real-life experiences and preventive measures, encouraging students to be vigilant and to take a stand against drug use within their communities.</p>		



REPORT OF SEVEN DAY SPECIAL CAMP Day 1 (25/03/2025)

SL No	Program	Resource Person
1	Camp Inauguration	Prof. Ealias Janson (Vice Principal, MBCCET)
2	Ice breaking session	Prof. Rengitha M Thomas (HOD, Sciences & Humanities, MBCCET)
3	Camp Evaluation	
4	Cultural Programs	Prof. Baiju George (Program Officer, NSS Unit:180)

Seven day special camp “SAPTHADHINA SAHAVASA CAMP” for the academic year 2024-25 was held from 25-03-2025 to 31-03-2025 at Barskeepa Hostel, Peermade.

The first day of the NSS Special Camp began with the volunteers departing from the college at 2:00 PM to Barskeepa Hostel, Peermade. Upon arrival, volunteers prepared the site for the inaugural ceremony.

The inaugural ceremony started at 4:30 PM with the NSS song by volunteers. A welcome address was delivered by Programme Officer Prof. Baiju George (Asst. Professor, MBCCET), followed by a camp overview by Volunteer Secretary Mr. Jiss M Skaria. The camp was officially inaugurated by Prof. Elias Janson (Vice Principal, MBCCET), who also delivered the presidential address. A felicitation speech was given by Prof. Rengitha M Thomas (HOD, Sciences & Humanities, MBCCET), followed by the flag-off by Mr. Jiss M Skaria. The session concluded with a vote of thanks by Volunteer Secretary Ms. Athulya Sudharshan.

An interactive session and ice-breaking activities were held by Prof. Rengitha M Thomas, which encouraged collaboration among volunteers.

At 6:30 PM, a camp evaluation and instruction session was conducted by the Programme Officer, where volunteers shared feedback and received detailed instructions for the upcoming days. Committee responsibilities were also assigned.

The day concluded with a communal dinner at 7:30 PM and cultural programs at 8:00 PM. Lights were turned off by 10:00 PM, marking the end of a productive first day that set a positive and collaborative tone for the camp.



Day 2 (26/03/2025)

SL No	Program	Resource Person
1	Morning assembly	Abin and team
2	Morning exercise	Led by Athulya Sudharshan
3	Program officer address	Prof. Baiju George
4	Campsite Cleaning	
5	Leadership Skills	Dr. Oommen Mammen (Director, MBCCET)
6	Stress Management and Interview Skills	Prof. V. M. Joshy (Placement & Training Officer)
7	Camp Evaluation	
8	Cultural Programs	Aaron and team

As per the scheduled program, the second day of the NSS Special Camp began at 5:30 AM with a wake-up call by the Discipline Committee. A yoga session led by Ms. Athulya Sudharshan was conducted at 6:30 AM, promoting mindfulness among the volunteers.

The morning assembly and flag salute were held at 7:30 AM, during which the previous day's camp news was read, followed by a briefing from the Program Officer, Prof. Baiju George, who explained the day's schedule and divided the volunteers into two groups for community service. After breakfast at 8:00 AM, the two groups carried out their tasks:

- Group 1 cleaned the camp surroundings
- Group 2 dug a pit for food waste disposal

At 11:00 AM, a session on Leadership Skills was conducted by Dr. Oommen Mammen (Director, MBCCET), focusing on leadership qualities and teamwork.

After lunch at 12:30 PM, an interactive session on Stress Management and Interview Skills was led by Prof. V. M. Joshy (Placement & Training Officer) from 2:30 PM, equipping volunteers with practical life skills.

By 4:30 PM, volunteers enjoyed tea and snacks, followed by outdoor games at 5:00 PM to boost team spirit. At 6:00 PM, a camp evaluation session was conducted by Prof. Baiju George, followed by cultural program rehearsals.

Dinner was served at 7:30 PM, and the day concluded with cultural programs starting at 8:00 PM. Lights were turned off by 10:00 PM, marking the end of a productive and enriching day that emphasized discipline, teamwork, and personal growth.



Day 3 (27/03/2025)

SL No	Program	Resource Person
<u>1</u>	Morning assembly	Akhil and team
<u>2</u>	Morning exercise	Led by Athulya Sudharshan
<u>3</u>	Program officer address	Prof. Baiju George
4	Vegetable Garden Cleaning	
5	Relevance of NSS in Today's Society	Prof. Resmara Shajahan (HOD, EEE)
6	Outdoor Games	
7	Camp Evaluation	
8	Cultural Programs	Lismi and team

As per the scheduled program, the third day of the NSS Special Camp began with a wake-up call at 5:30 AM by the Discipline Committee, followed by a yoga session at 6:30 AM led by Ms. Athulya Sudharshan to promote mindfulness.

The morning assembly and flag salute were held at 7:30 AM, where the previous day's camp news was read, and the Program Officer, Prof. Baiju George, briefed the volunteers on the day's activities.

After breakfast at 8:00 AM, volunteers proceeded to MBC College at 8:30 AM for a community service task, cleaning the vegetable garden as part of an environmental sustainability initiative.

Following lunch at 12:30 PM, a session on the "Relevance of NSS in Today's Society" was conducted at 2:30 PM by Prof. Resmara Shajahan (HOD, EEE), emphasizing the importance of social service and the NSS's role in community development.

At 4:30 PM, volunteers had tea and snacks, followed by outdoor games at 5:00 PM to build team spirit. A camp evaluation session was held at 6:00 PM, after which cultural program rehearsals took place.

Dinner was served at 7:30 PM, featuring the grilled chicken prepared by the volunteers. The cultural programs began at 8:00 PM, with various performances enhancing enjoyment and bonding.

Lights were turned off by 10:00 PM, concluding a fulfilling day that highlighted the values of teamwork, responsibility, and shared effort.



Day 4 (28/03/2025)

SL No	Program	Resource Person
1	Morning assembly	Jiss and team
2	Morning exercise	Led by Athulya Sudharshan
3	Program officer address	Prof. Baiju George
4	Clean drive work-Peermade-Pallikunnu Road	Field work next 1.5 km of the ghat road
5	Public Speech Practice Session	Prof. Baiju George
6	Indoor Games	
7	Camp Evaluation	
8	Cultural Programs	Anakha and team

As per the scheduled program, the fourth day of the NSS Special Camp began at 5:30 AM with a wake-up call by the Discipline Committee, followed by a yoga session at 6:30 AM led by Ms. Athulya Sudharshan to promote relaxation and mindfulness.

The morning assembly and flag salute were held at 7:30 AM, where the previous day's camp news was read, and the Program Officer, Prof. Baiju George, briefed the volunteers on the day's activities.

After breakfast at 8:00 AM, the volunteers proceeded to Peermade-Pallikunnu Road at 8:30 AM for a cleanliness drive, successfully completing the task and making a positive contribution to the local community.

Lunch was served at 12:30 PM. At 2:30 PM, a public speech practice session was conducted by Prof. Baiju George, helping volunteers develop confidence and improve their communication skills.

At 4:30 PM, volunteers had tea and snacks, followed by indoor games at 5:00 PM that encouraged relaxation and team bonding. A camp evaluation session was held at 6:00 PM, followed by cultural program rehearsals.

Dinner was served at 7:30 PM, and the day concluded with cultural programs at 8:00 PM, where volunteers showcased their talents and enjoyed the performances.

Lights were turned off by 10:00 PM, wrapping up a day focused on social responsibility, skill-building, and community engagement.



Day 5 (29/03/2025)

SL No	Program	Resource Person
1	Morning assembly	Athulya and team
2	Morning exercise	Led by Athulya Sudharshan
3	Program officer address	Prof. Baiju George
4	Social visit	
5	Clean drive work- Peermade town	Field work
6	Drug abuse Awareness	Mr. Deepu, Station Officer, Peermade Excise Department
7	Threats and challenges of today's young generation	Fr. Philen P Mathew
8	Camp Evaluation	
9	Cultural Programs	Gryshmi and team

As per the scheduled program, the fifth day of the NSS Special Camp began with a wake-up call at 5:30 AM by the Discipline Committee, followed by a yoga session at 6:30 AM led by Ms. Athulya Sudharshan, promoting physical and mental well-being.

The morning assembly and flag salute were held at 7:30 AM, during which the previous day's camp news was read, and the Program Officer, Prof. Baiju George, briefed the volunteers on the day's schedule.

After breakfast at 8:00 AM, volunteers conducted a cleanliness drive in Peermade town, continuing their service towards environmental sustainability. At 11:00 AM, a counseling session was conducted by Mr. Deepu, Station Officer of the Peermade Excise Department, focusing on drug abuse awareness and prevention among youth.

Following lunch at 12:30 PM, a session on the challenges faced by the younger generation was conducted at 2:30 PM by Fr. Philen P Mathew, offering valuable guidance and motivation.

At 4:30 PM, volunteers enjoyed tea and snacks, followed by outdoor games at 5:00 PM to strengthen team spirit. A camp evaluation session was conducted at 6:00 PM, followed by rehearsals for the cultural programs.

Dinner was served at 7:30 PM, and the day concluded with cultural performances at 8:00 PM that showcased the talents and unity of the volunteers.

Lights were turned off by 10:00 PM, concluding a day centered on community engagement, awareness-building, and personal growth.



Day 6 (30/03/2025)

SL No	Program	Resource Person
1	Morning assembly	Albin and team
2	Morning exercise	Led by Athulya Sudharshan
3	Program officer address	Prof. Baiju George
4	Social visit	
5	Clean drive work-Peermade Excise Office	Field Work
6	Drama Workshop	Prof. Baiju George
7	Outdoor Games	
8	Camp Evaluation	
9	Cultural Programs	Rebeen and team

As per the scheduled program, the sixth day of the NSS Special Camp began at 5:30 AM with a wake-up call by the Discipline Committee, followed by a yoga session at 6:30 AM led by Ms. Athulya Sudharshan to promote physical and mental well-being.

The morning assembly and flag salute took place at 7:30 AM, during which the previous day's camp news was read and Program Officer Prof. Baiju George briefed the volunteers on the day's activities.

After breakfast at 8:00 AM, volunteers visited the Peermade Excise Office at 8:30 AM to assist in cleaning the office premises and surrounding areas, showcasing their commitment to public welfare and service.

Lunch was served at 12:30 PM. In the afternoon, a drama workshop was conducted at 2:30 PM by Prof. Baiju George, focusing on the process of scripting and performing skits, encouraging creativity and confidence among the participants.

At 4:30 PM, volunteers had tea and snacks, followed by a community visit to a local tribal settlement at 5:00 PM, promoting social awareness and cultural understanding. A camp evaluation session was held at 6:00 PM, after which cultural program rehearsals continued.

Dinner was served at 7:30 PM, and the day concluded with cultural programs at 8:00 PM, where volunteers showcased their talents and strengthened camaraderie.

Lights were turned off by 10:00 PM, concluding a day that highlighted community service, creative expression, and teamwork.



Day 7 (31 /03/2025)

SL No	Program	Resource Person
1	Morning assembly	Prof. Baiju George
2	Morning exercise	Led by Athulya Sudharshan
3	Program officer address	Prof. Baiju George
4	Cleaning of camp site and premises	
5	Valedictory meeting	

As per the scheduled seventh-day program, the day began at 5:30 AM with a wake-up call initiated by the Discipline Committee. A yoga session was conducted at 6:30 AM by Ms. Athulya Sudharshan to promote physical and mental well-being. After the session, previous day's camp news was read.

The morning assembly and flag salute took place at 7:30 AM, during which the previous day's camp news was read and Program Officer Prof. Baiju George briefed the volunteers on the day's activities.

Breakfast was served at 8:00 AM, and by 8:30 AM, all volunteers participated in camp site cleaning as part of their final duties.

The valedictory function was held at 12:00 PM, marking the formal conclusion of the camp and appreciating the efforts of all volunteers. Lunch was served at 12:30 PM, and by 1:00 PM, all volunteers departed from the camp site and returned to the college.

The seventh day wrapped up the camp on a note of gratitude, reflection, and successful completion of a meaningful week of service and learning.



Camp Attendance

[illegible][illegible][illegible][illegible]

News paper cuttings

Camp Notice

<p>SPECIAL CAMP NOTICE</p>  <p>Mar Baselios Christian College of Engineering and Technology Kuttikkanam Peermade</p>  <p>National Service Scheme A P J A Technological University Unit 180</p> <p>Seven day residential special camp 25/03/2025 to 31/03/2025 Venue: Baskippa Ramban Memorial Boys Hostel Peermade</p> <p>Special Camp highlights</p> <ul style="list-style-type: none"> ✦ Clearing the Peermade Pattikunnu Village road ✦ Clearing of Peermade twin area ✦ Community visit ✦ Making of vegetable garden ✦ Awareness classes ✦ Skill development sessions ✦ Personality development sessions 		
<p>Invitation</p> <p>National service scheme is an organisation working for the purpose of personality development of students through community service. The purpose of the National service scheme is to give opportunity for the youth of the nation to be part of the nation building process and community service that makes them to grow as responsible citizens of nation.</p> <p>The NSS Unit 180 of the NSS Cell of APJA Technological University that functions at MBCCET Peermade is conducting its seven residential camp at Baskippa Ramban Memorial Boys Hostel from 25/03/2025 to 31/03/2025.</p> <p>The ceremonial inauguration of the camp is scheduled at 5.00pm at the hostel auditorium on 25/03/2025. All are cordially invited for the inaugural session.</p> <p>With Regards Dr Gommen Mammen (Director) Dr V J George (Principle) Dr Arun M (NSS PO APJAKTU) Prof Balji George (PO MBCCET)</p> <p>Volunteer Secretaries Mr. Jos M Scaria Miss Athulya Sudharshan</p>		
<p>Day 1 Tuesday (25/03/2025)</p> <p>2.00pm : Registration 2.30pm : Camp site arrangements 4.30pm : Inauguration of the camp</p> <p>Program Schedule</p> <p>Lighting of the lamp Manovageetham Welcome speech : PO Balji George Camp overview : Mr Jos M Scaria Presidential address : Prof Elias Janson Vice Principal Camp inauguration : Prof Elias Janson Felicitation speech : Prof Rengitha M Thomas Vote of thanks : Miss Athulya Sudharshan</p> <p>5.30pm : Ice breaking session Prof Rengitha M Thomas 6.30pm : Camp evaluation 7.30pm : Supper 8.30pm : Cultural Programs 10.00pm : Lights off</p>		
<p>Day 2 Wednesday (26/03/2025)</p> <p>5.30am : Wake up 6.30am : Yoga / Exercise 7.30am : Assembly 8.00am : Breakfast 8.30am : Voluntary work 11.00am : Leadership skills (Dr Gommen Mammen Director MBCCET) 12.30pm : Lunch 1.30pm : Stress management & Interview skills (Prof V M Joshy Training & Placement officer)</p>		
<p>4.30pm : Tea 5.00pm : Outdoor games/Community visit 6.00pm : Camp evaluation, Rehearsal, camp news preparation etc. 7.30pm : Supper 8.30pm : Cultural programs 10.00pm : Lights off</p>	<p>2.30pm : Public speech practice/Community visit 4.30pm : Tea 5.00pm : Outdoor games/Community visit 6.00pm : Camp evaluation, Rehearsal, camp news preparation etc. 7.30pm : Supper 8.30pm : Cultural programs 10.00pm : Lights off</p>	<p>12.30pm : Lunch 2.30pm : Drama Workshop 4.30pm : Tea 5.00pm : Outdoor games/Community visit 6.00pm : Camp evaluation, Rehearsal, camp news preparation etc. 7.30pm : Supper 8.30pm : Cultural programs 10.00pm : Lights off</p>
<p>Day 3 Thursday (27/03/2025)</p> <p>5.30am : Wake up 6.30am : Yoga / Exercise 7.30am : Assembly 8.00am : Breakfast 8.30am : Voluntary work 12.30pm : Lunch 2.30pm : Relevance of NSS in Today's society (Prof. Resma Shajahan HOD EEE)</p> <p>4.30pm : Tea 5.00pm : Outdoor games/Community visit 6.00pm : Camp evaluation, Rehearsal, Camp news preparation etc. 7.30pm : Supper 8.30pm : Cultural programs 10.00pm : Lights off</p>		
<p>Day 4 Friday (28/03/2025)</p> <p>5.30am : Wake up 6.30am : Yoga / Exercise 7.30am : Assembly 8.00am : Breakfast 8.30am : Voluntary work 12.30pm : Lunch</p>		
<p>Day 5 Saturday (29/03/2025)</p> <p>5.30am : Wake up 6.30am : Yoga / Exercise 7.30am : Assembly 8.00am : Breakfast 8.30am : Voluntary work 12.30pm : Lunch 2.40pm : Threats and challenges of today's young generation (Fr. Phelan P Mathew) 4.30pm : Tea 5.00pm : Outdoor games/Community visit 6.00pm : Camp evaluation, Rehearsal, camp news preparation etc. 7.30pm : Supper 8.30pm : Cultural programs 10.00pm : Lights off</p>		
<p>Day 6 Sunday (30/03/2025)</p> <p>5.30am : Wake up 6.30am : Yoga / Exercise 7.30am : Assembly 8.00am : Breakfast 8.30am : Voluntary work</p>		
<p>Day 7 Monday (31/03/2025)</p> <p>5.30am : Wake up 6.30am : Yoga / Exercise 7.30am : Assembly 8.00am : Breakfast 8.30am : Camp site clearing 12.00pm : Valedictory function 12.30pm : Lunch 1.00pm : Signing off the camp site</p>		

Signature:

Signature:

Name:

Name:

Programme Officer

Principal

College Seal